



1. Title of Security (Instr. 3)	2. Trans- action Date  (Month/ Day/ Year)	2A. Deemed Execution Date, if any  (Month/ Day/ Year)	3. Trans- action Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)  (Instr. 3 and 4)	6. Owner- ship Form: Direct (D) or Indirect (I)  (Instr. 4)	7. Nature of Indirect Beneficial Owner- ship  (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Citizens, Inc. Class A Common Stock (1)	08/23/2006		G		50000	D	\$5.38	4398108.2981	D	
Citizens, Inc. Class A Common Stock (2)	04/10/2006		L	V	46.0838	A	\$5.42	4398154.3819	D	
Citizens, Inc. Class A Common Stock	05/10/2006		L	V	46.8323	A	\$5.34	4398201.2142	D	
Citizens, Inc. Class A Common Stock	06/06/2006		L	V	48.507	A	\$5.15	4398249.7212	D	
Citizens, Inc. Class A Common Stock	07/14/2006		L	V	47.6665	A	\$5.24	4398297.3877	D	
Citizens, Inc. Class A Common Stock	08/08/2006		L	V	47.259	A	\$5.29	4398344.6467	D	
Citizens, Inc. Class A Common Stock								406800	I	Spouse
Citizens, Inc. Class B Common Stock								1001714	I	Family Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

\* If the form is filed by more than one reporting person, see Instructions 4(b)(v).

**Persons who respond to the collection of the information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474 (9-02)

**FORM 4 (continued)**

**Table II -- Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

**Explanation of Responses:** See attached footnote page.

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations.  
see 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

/s/Harold E. Riley

08/23/2006

\*\* Signature of Reporting Person

Date

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1

Gift for Friends of Baylor Foundation

2

These shares were purchased through the Employee Stock Purchase Plan as part of regular monthly payroll deduction.